

USD #377 Atchison County Community Schools News Release



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Atchison County Elementary School Has a PFA National Kong Record Holder

This fall, all elementary students were given a physical fitness test that included all parts of the Project Fit America area along with the regular physical fitness test. Measurements are taken and then the Project Fit America test scores are compared to nationally set levels of achievement. The levels are the bronze, silver, gold, Kong levels and the top award called the National Kong Award. Chance Montgomery, a 6th grader at Atchison County Elementary School, has broken the National Record for the Parallel Bars station, performing 160 rotations, 20 more rotations than the previous record holder from Tennessee. With this award, Chance received a special certificate from Project Fit America and a trophy. His record is also featured on the Project Fit America website at: [http://www.projectfitamerica.org/chart_challenge/kong-elite.html#Parallel Bar Station](http://www.projectfitamerica.org/chart_challenge/kong-elite.html#Parallel%20Bar%20Station)

Chance's reaction to his award was, "I guess this spring, I'll have to do more!" Way to go, Chance!

